

## Course Details

# Solutions

TRAINING & ADVISORY LTD

Course Title	Moving People Train the Trainer Refresher Course (Moving & Handling)
Sector	Ambulance Community
Who should attend	Moving and Handling trainers who wish to remain confident and competent in their roles and develop their skills in accordance with best practice and new equipment.



Course Details:	Moving People Train the Trainer Refresher Course
Course Duration:	One Day
Course Attendees:	Ambulance Community

### Course Introduction:

The qualification network recommends that all trainers attend a one-day update course after 18 months of qualifying.

Our Moving People train the trainer refresher course is updated for 2023. The purpose of the refresher course is to enable participants to reinforce and develop their skills in moving and handling, risk assessment analysis and training delivery as well as keeping abreast of new legislation, and regulations. The content of the day will be flexed to meet the needs of all participants who have previously attended a recognised moving and handling trainer's programme. The day will be highly learner centred with the emphasis on building confidence and competence as a moving and handling instructor.

### Course Aim:

- ensure existing moving and handling trainers remain confident and competent in their roles
- ensure that skills levels are updated and verified
- ensure participants are updated on issues as required

\*This refresher course has been designed with the core aim of maintaining a confident, motivated, professionally qualified moving and handling instructor within an ambulance setting.

### Course Programme:

- Identification of individual needs for the day
- What's new in respect of legal issues, new equipment training and development
- M.O.T. skills check plus use of the 8-point plan for effective instruction
- Review of case studies and problem solving/risk assessment process

### Special requirements of course participants:

They should be free of injury or any medical condition that may place them at risk of injury.

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## Course Trainer:

Paul Meek (Chartered F.C.I.P.D.) who started his career in the NHS where he was a paramedic tutor. Paul has been a contributor to national policy in respect of best practice for moving and handling. With huge experience in training "people handling trainers" in a wide range of settings he has acted as an adviser to special education, health and social care sectors since 1994. With many qualifications including the "Professional Certificate in advanced theory and practice of manual handling" he will guarantee success and a learning experience that will be both highly enjoyable and powerful.