

Course Details

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TRAINING & ADVISORY LTD

Course Title	Moving People Train the Trainer (Moving & Handling)
Sector	Ambulance Community
Who should attend	Staff with operational ambulance experience who wish to train others in safe moving and handling principles and conduct formal manual handling risk assessments



Course Details:	Moving People Train the Trainer Course
Course Duration:	Four Days
Course Attendees:	Ambulance Community

Course Introduction:

Our unique 'Moving People' course was originally launched in 1998 and has been fully updated for 2021.

The training has been designed to enable participants to both effectively instruct small groups in safer moving and handling and to conduct and record manual handling risk assessments. The final outcomes being that your "trainers" will be professionally qualified to deliver up to date moving and handling training so that, risks are reduced, to both staff and patients, and that staff move people in a safe dignified, and comfortable manner in accordance with the latest best practice.

The course content centres on improving patient handling by combining the use of criterion-based dynamic risk assessments with current best practice handling techniques all designed to reduce risk. The theme throughout the course is to sell the benefits to both patients and staff of moving and handling people in the manner taught. This approach has already resulted in feedback from ambulance tutors that staff are buying into this approach. Participants will discover new ways to inspire their trainees to move and handle patients in a manner that requires far less physical effort, affords greater dignity, and hugely improves confidence in a range of environments. Wherever possible it mirrors current best practice with other health care professionals (Guide to handling People 6th edition) and the UK Resuscitation Council.

Participants during the course will learn how to apply our unique method of instruction so existing training experience is not essential. On completion of the course, the qualified trainers will be given access to the most comprehensive learning resource materials to use which include, presentation materials, course documentation, trainer, and trainee handbooks (unlimited print off allowed). We offer exceptional ongoing assistance to post-course delegates, providing them with on-going telephone, email, and Skype support in respect of this topic.

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Course Aim:

On completion of the course participants will be able to:

- Deliver effective moving and handling of people in accordance with best practice at 2021 as defined by the relevant governing bodies including the H.S.E., The Handling of People 6th edition (Back Care et al), Solutions Training & Advisory, the W.H.O. and the U.K. Resuscitation Council
- Conduct and record “suitable and sufficient” manual handling risk assessments

What Delegates Will Learn:

- Know the law in respect to manual handling applies to the emergency services
- The principles of spinal mechanics and back care
- How to safely move and handle inanimate loads
- How to conduct a dynamic risk assessment to avoid, reduce or eliminate risks
- How to communicate and gain cooperation with patients
- How to conduct and record a formal risk assessment as required by law
- How to safely move and handle patients with and without the use of specialist equipment in line with best practice
- How to deliver safe, effective, and inspiring manual handling training
- How to effectively instruct others in handling techniques using our unique “8 step approach to effective instruction”

Course Objectives:

At the end of the course participants will be able to:

- Act as advisers on up-to-date basic back care and manual handling issues in the workplace
- Assess the need for and provide up to date moving and handling solutions when moving both people and inanimate loads
- Conduct “suitable and sufficient” manual handling risk assessments as required by law
- Deliver competently the theoretical and practical topics to groups no larger than ten

Materials Provided to Delegates:

The training materials will be provided via a link on our website for a period of eighteen months.

The qualification network recommends that all trainers attend a one-day update course after 18 months of qualifying. If the update is conducted through Solutions Training, we will extend access to our course materials for a further eighteen months.

- High-quality training materials including presentation tools comprising of audio and video and on-screen activities that are 100% focussed on ambulance scenarios. (to purchase without attending the course being £199)
- The Level 3 Q.N.U.K. “Moving and Handling Trainers award” (Emergency Services) which is on the regulated qualifications framework
- High-quality trainers reference manual
- Supporting documents and books including a copy of the Manual Handling Operations Regulations, risk assessment pro forma, workplace competency observation sheets, and check cards for staff handouts
- Coloured trainee workbook, as well as the instructor workbook – unlimited access
- Access to a year’s support from the company in respect of any moving and handling issues
- Automatic alerts to any changes in best practice.

Certification/Accreditation:

On successful completion of this course, its participants will receive a Solutions certificate of completion and the Moving and Handling Trainers award” (Emergency Services) (R.Q.F.) which is on the regulated qualifications framework.

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Special requirements of course participants:

They should be free of injury or any medical condition that may place them at risk of injury. Must be willing to wear face masks, gloves, and aprons during relevant parts of the training.

Course Trainer:

Paul Meek (Chartered F.C.I.P.D.) who started his career in the NHS where he was a paramedic tutor. Paul has been a contributor to national policy in respect of best practice for moving and handling. With huge experience in training "people handling trainers" in a wide range of settings he has acted as an adviser to special education, health and social care sectors since 1994. With many qualifications including the "Professional Certificate in advanced theory and practice of manual handling" he will guarantee success and a learning experience that will be both highly enjoyable and powerful.

Contact Details:

For any questions or if you require any clarity on this course, please contact Mandie Pearson at mandiepearson@solutionstraining.co.uk or call on 07751645724