

Moving and Handling People

'People Moving People'

Train the Trainer Learning Dedicated to

Health & Social Care



And

Special Education



Course Details

Course Specifics:

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|--------------------------|--|
| Duration | 5 Days |
| Delegates | Maximum course participants – 10 |
| Who should attend | Staff who work in health, social care and special education sectors that want work to best practice and to be confident and competent when moving and handling people. |

Course Introduction:

Our unique 'People Moving People' course was originally launched in 1997 and is regularly updated to ensure that we educate learners on the most up to date and relevant practices for all moving and handling situations and risk assessments. The aim of this course is to equip the participants with the knowledge and skills to confidently and competently instruct small groups in safer moving and handling and conduct and record manual handling risk assessments. The final outcomes being that your "trainers" will be professionally qualified to ensure people handled by your teams are done so in a safe, comfortable, and dignified manner in accordance with latest best practice.

The course centres on both ensuring your "trainers" are confident and competent in applying the skills but can also deliver effective instruction hence why the qualification includes the words "trainers award". The content is in line with 'best practice' as defined in the Guide to Handling People 6th edition. The content meets the requirements of all Wales and all Scotland Manual Handling passport schemes.

Participants will learn how to apply our unique method of instruction so existing training experience is not essential. On completion of the course, the qualified trainers will be given access to the most comprehensive learning resource materials that includes on screen animations, film clips as well as audio supported presentation materials.

Why use us:

In business since 1995 Solutions have trained thousands of people to become moving and handling trainers for health, social care, special education hospice and 999 sectors. We use our extensive knowledge and experience of your sector to produce customised, sector-specific programmes. We also give you the opportunity to save time and money by offering all the theory online so your "trainers" can focus on high value training.

- Our training team are all qualified health care professionals, they teach from real-world experience in health, social care, special education, and ambulance services
- All our trainers as a minimum hold the BTEC Professional Certificate in the advanced theory and practice of manual handling as well as adult training qualifications
- Our course materials are praised as being of market-leading quality to ensure people retain and use the information they leave with
- Our train the trainer programmes offer Level 3 accredited qualifications (Qualifications Network awarding body)

Course Objectives: *This course has been designed with the core aim of creating a confident, motivated, professionally qualified moving and handling trainer within a health, social care, or educational setting.*

Outcome of the course:

- To provide competent manual handling instructors for people working in sectors that require moving and handling instructors to be at best practice standard as of 2021
- To reduce risk of injury to staff and people being handled
- To avoid prosecution and litigation

What delegates will learn: (topics marked with an * are included in the online version)

How to deliver the theoretical and specified practical objectives in respect of:

- Understanding manual handling legislation and how it applies to your sector *
- The principles of spinal mechanics and back care *
- How to safely move and handle people *
- How to conduct a personal or dynamic risk assessment to avoid, reduce or eliminate risks*
- How to communicate and gain cooperation with the individuals being moved *
- How to conduct and record a formal manual handling risk assessment as required by law
- How to safely move and handle people with and without the use of specialist equipment
- How to effectively instruct others in handling techniques using our unique “8 step approach to amazingly effective instruction”

What can your qualified trainers offer you after completion of the course:

- Act as advisers on up-to-date basic back care and manual handling issues in the workplace
- Ability to assess the need for and provide up to date moving and handling solutions when moving both people and inanimate loads
- Conduct “suitable and sufficient” manual handling risk assessments as required by law
- Deliver competently the theoretical and practical topics to groups (no larger than six)

Training materials your trainers have access to for 18 months to assist their training sessions:

- High quality training materials bespoke to your sector, the presentation materials including audio, video, on screen activities and a collection of 33 film clips as a reference library
- High quality trainers reference manual
- Supporting documents/books including a copy of the Manual Handling Operations regulations, risk assessment pro forma, workplace competency observation sheets and much more
- Colour trainee workbooks branded for you that can be printed off at will by you to give to those you train
- Access to a year of support from the company in respect of any moving and handling issues
- Automatic alerts to any changes in best practice
- Access to our latest online version of “People Moving People”. At a cost of £14.95 per learner, staff being trained by your internal trainers can complete all the theory of moving & handling people online. This blended learning option replaces half a day of classroom-based training, increasing productivity and realising significant cost savings compared to learning the theory in a face-to-face environment. Use this link to view the free demo [**PMP DEMO**](#)

Certification/Accreditation:

On successful completion of this course its participants will receive a Solutions certificate of completion and the Q.N.U.K. Level 3 “Moving and Handling Trainers” (Health and social care sectors) award which is on the regulated qualifications framework.

Course Costs:

Inhouse full 5 days train the trainer course, accommodating up to 120 delegates - £5950 (ex VAT)

To attend a 5-day open course per delegate - £975 (ex VAT)

Our Credentials:

Course Trainer for health, social care, and special education sector:

Paul Meek (Chartered F.C.I.P.D.) who started his career in the NHS where he was a paramedic tutor with a national role of “training trainers”. Paul has been a contributor to national policy in respect of best practice for moving and handling. With huge experience in training “people handling trainers” in a wide range of settings he has acted as an adviser to special education, health, and social care sectors since 1994. His qualifications include the “Professional Certificate in advanced theory and practice of manual handling” as well as many others. Paul’s experience guarantees success and a learning experience that will be both highly enjoyable and powerful.

What our customers say:

“We have used Solutions to train our trainers since 1998 which speaks for itself”

Turning Point Scotland

“Here in the Hospice movement, we have trained about 200 moving and handling trainers with Solutions since 1996. Feedback always great”

Senior Hospice Training Manager

“We are always supported well when we have problematic handling issues with our pupils. There is always a prompt and workable solution for us”

Peartree School Lancashire

What our learners say:

Of the last 100 Moving and Handling Trainers courses:

92 learners rated the quality of the trainer, quality of resources, training methods and course contents as being “Extremely Effective” in assisting the “trainee” to learn and the remaining 8 learners gave a rating of “Very Effective”.

We are proud to boast that all 100 stated that they would recommend this course to others!

Contact us on the below if you wish to discuss this course further:

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or

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Please visit our website for further details on this course or to view our other sector specific courses:

www.solutionstraining.co.uk