

Solutions

TRAINING & ADVISORY LTD

ON LINE MOVING & HANDLING OF PEOPLE TRAINING

Reasons you should use our unique "Backs for the Future PLUS 2016" Course

Handling Safely 2016
Introduction

What do you already know?

Incorrect technique leaning back as load too heavy
Safe Unsafe

Correct technique - posture
Safe Unsafe

Correct technique - posture
Safe Unsafe

Correct technique - posture
Safe Unsafe

Incorrect technique lifting with back muscles
Safe Unsafe

Correct technique - posture
Safe Unsafe

Correct technique - posture
Safe Unsafe

Incorrect technique - twisting
Safe Unsafe

Incorrect technique - posture
Safe Unsafe

Incorrect technique - over-reaching
Safe Unsafe

Correct technique - not leaning over basin
Safe Unsafe

Conduct a dynamic risk assessment – remember to check your posture regularly.

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EXIT PROGRESS HELP PRINT AUDIO IS OFF GLOSSARY BACK 03/08 NEXT

Solutions has developed "Backs for the Future PLUS 2016" to be available 24/7 365 days a year to allow people to learn all of the theory of this topic at a time, place and pace to suit themselves. It is hosted on the web so no complicated set ups just log on and learn.

The most comprehensive course of its type available as it has been designed to adopt a more holistic approach to Muscular Skeletal Disorders (M.S.D.) as the evidence shows M.S.D. incidents are increasing at an alarming rate.

- ✓ Choice of completing the course or just completing assessments.
- ✓ View film clips, complete games, look at photographs a truly enjoyable experience that will meet the needs of all learning styles.
- ✓ Over 30 film clips on how to move and handle to refer to (PLUS version only)
- ✓ Full audio to benefit those who may not have English as their first Language.
- ✓ Support 7 days a week.
- ✓ The company will provide highly qualified instructors for any practical training.
- ✓ Our customers include UK (999) Ambulance & Fire Rescue Services.
- ✓ To view Free Demos of this Course please go to www.solutionstraining.co.uk