

“Moving People” Blended Course



1. Blended Course Structure

Duration approx 3.5 hours - replaces approx 1 full day in classroom

2 hrs E-LEARNING THEORY COURSE 60%	1.5 hrs CLASSROOM PRACTICAL 40%
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2. Course Synopsis and Core Theme –“Safer Manual Handling”

The aim of the course is to equip employees of an ambulance service with the theoretical knowledge to reduce the risk of muscular skeletal injury associated with manual handling and posture so that they can keep themselves safe at all times, monitor any situation continuously, judge the level of danger and keep safe. Four key tools are used throughout the course that, when used together, will help ambulance staff to practice safer handling. The four key tools are:

1. Understanding your body
2. Inanimate loads
3. Handling people
4. Dynamic risk assessment



3. Course Educational Level

This course has been designed in conjunction with the NHS framework for Lifelong Learning and Work Force Confederation. It fulfills the aims of "lifelong, voluntary, and self-motivated" pursuit of knowledge for personal or professional reasons. It pragmatically assesses theory, policy and practice through real world scenarios. The course is designed to:-

1. Level 2 of the National Qualifications Framework
2. Blooms level 3 – “Application of Knowledge” to test use and application of knowledge, putting theory into practice, using knowledge in response to real circumstances.
3. Adopt the “Plain English” approach to give access to clear and concise information
4. Incorporate summative and formative assessments with immediate feedback
5. Facilitates evaluative learner assessments enabling your trainers to train through “observation”
6. The course is seeking endorsement by the College of Paramedics in 2011 and is supported by the I.H.C.D., H.S.E. CFSMS and Care Quality Commission.



4. Blended Course Modules





Course Modules	Blended Delivery	Topics
Module 1:	E -Learning	Introduction
Module 2:	E -Learning	The Law, Spinal Mechanics and Back Care
Module 3:	E -Learning	Principles of Inanimate Load Handling
Module 4:	E -Learning	Principles of Handling People
Module 5:	E -Learning	Dynamic Risk Assessment
Module 6:	E -Learning	Summary
Module 7	CLASSROOM	Practical skills

5. Classroom Practical Skills Training will include:

- Techniques to assist clients in the following situations (or changed to meet sector needs)
- Moving of an inanimate load
- Sit to stand - side assistance with one or two carers.
- Moving forward/back in the chair.
- Walking one or two carers
- Transfer from one destination to another using a transfer board.
- Key principles of safer hoisting.
- Assistance within the bed – getting out of bed, *turning, sitting up, *reverse supine slide.

Moving & Handling People

Course Core Theme: "SAFER MANUAL HANDLING"

<p>Module 1 : Introduction</p> <p>Synopsis In this module users will learn about:</p> <ol style="list-style-type: none"> I. What the course is about, II. How it will benefit them, III. How to use the course <p>Learning Objectives By the end of this module learners should be able to:</p> <ul style="list-style-type: none"> • Understand what the course is about • Appreciate how it will benefit them • Access and use the course 	<p>Section 1 – Welcome To Course Section 2 – Why Course Is Important To You Section 3 – Core Theme And Elements Of The Course Section 4 – How To Complete The Course Section 5 – Course Navigation</p>
<p>Module 2 – The Law, Spinal Mechanics and Back Care</p> <p>Synopsis In this module users will learn about:</p> <ol style="list-style-type: none"> I. The duties of employers and employees under manual handling regulations. II. The structure of the back. III. The functions of the spine. IV. The causes of back pain and injury. V. The correct postures to adopt when operating display screen equipment. VI. Healthy life style practices <p>Learning Objectives By the end of this module learners should be able to:</p> <ul style="list-style-type: none"> • List the duties of employers and employees under manual handling regulations. • Describe the structure of the back. • Describe the functions of the spine. • Explain the reasons for back pain and injury. • Identify the correct postures to adopt when operating display screen equipment • Identify healthy life style practices that will help you to cope better with manual handling tasks. 	<p>Section 1 – Introduction animated sequence Section 2 – Module Objectives Section 3 – Legislation Relating to Manual Handling Section 4 – The Spine Section 5 – Functions of the Spine Section 6 – Anatomy of the Spine Section 7 – Intervertebral Joint Section 8 – Spinal Stress Section 9 – Using display screen equipment Section 10 – Healthy Lifestyle Practices Section 11 – Preventing Back Problems Section 12 – Importance of Exercise Section 13 – Summary Section 14 – Assessment</p> 
<p>Module 3 – Principles of Inanimate Load Handling</p> <p>Synopsis In this module users will learn about:</p> <ol style="list-style-type: none"> I. The principles of safer manual handling of loads II. How to apply safer manual handling principles III. The correct and incorrect techniques of handling inanimate loads. IV. The importance of teamwork and effective communication when handling loads <p>Learning Objectives By the end of this module learners should be able to:</p> <ul style="list-style-type: none"> • Explain the principles of safer manual handling of loads. • Demonstrate the use of safer manual handling principles. • Identify correct and incorrect techniques for handling inanimate loads. • Identify the hazards associated with handling loads in a team. • Explain the importance of teamwork and effective communication. 	<p>Section 1 – Introduction animated sequence Section 2 – Module Objectives Section 3 – Centre of Gravity Section 4 – Principles of Inanimate Load Handling Section 5 – Basic Principles of Safe Manual Handling Section 6 – Principles of Pulling and Pushing Loads Section 7 – Handling in Teams Section 8 – Teamwork and Effective Communication Section 9 – Checkpoint Section 10 – Summary Section 11 – Assessment</p> 
<p>Module 4 – Principles of Handling People</p> <p>Synopsis In this module users will learn about:</p> <ol style="list-style-type: none"> I. The risks associated with different types of patients II. The principles of how to handle different types of patients. III. The correct use of patient handling equipment <p>Learning Objectives By the end of this module learners should be able to:</p> <ul style="list-style-type: none"> • Identify the risks associated with different types of patients • Explain the principles of how to manage different types of patients • Select the correct patient handling equipment according to the situation 	<p>Section 1 – Introduction animated sequence Section 2 – Module Objectives Section 3 – Handling Different Types of Patients Section 4 – Handling a Bariatric patient Section 5 – Patient Handling Equipment Section 6 – Choosing Appropriate Patient Handling Equipment Section 7 – Principles of Using Handling Equipment - Summary Section 8 – Checkpoint Section 9 – Summary Section 10 – Assessment</p> 
<p>Module 5 – Dynamic Risk Assessment</p> <p>Synopsis In this module users will learn about:</p> <ol style="list-style-type: none"> I. The difference between formal (written) and informal (dynamic) risk assessment. II. The steps involved in the assessment process for manual handling activities. III. The elements to consider when making a dynamic risk assessment. IV. The factors to consider before undertaking a manual handling task <p>Learning Objectives By the end of this module learners should be able to:</p> <ul style="list-style-type: none"> • Differentiate between formal (written) and informal (dynamic) assessment of risk • Identify the steps involved in the assessment process for manual handling activities • Identify the four elements to consider when making a dynamic assessment of risk • Identify three questions, relating to each of the four elements, which might be considered before undertaking manual handling." 	<p>Section 1 – Introduction animated sequence Section 2 – Module Objectives Section 3 – Types of Risk Assessment Section 4 – LITE Section 5 – L = Load Section 6 – I = Individual Capability Section 7 – Individual Capability: Effects of Incorrect Manual Handling Section 8 – T = Task Section 9 – E = Environment Section 10 – Dynamic Risk Assessment for Different Types of Staff Section 11 – Summary Section 12 – Assessment</p> 
<p>Module 7: Classroom Training</p> <p>Learning Objectives Situational and Practical training</p>	<p>Section 1 – Course Summary</p>